

He donates blood because he remembers

Rito Delgado never forgets that blood donors saved his life 23 years ago.

Incredibly, he remembers almost everything that happened to him that tragic night when he was hit by a drunk driver and pinned between two cars. He remembers comforting his sister who was by his side at the scene, as firefighters rushed to save his life. He remembers seeing his white pants turn red from the massive amount of blood



he lost; he remembers the ambulance ride to the hospital and being curious as to what route they were taking; he remembers being told that he suffered massive injuries to both of his legs.

Rito underwent five surgeries during his 3-month hospital stay. During that time he received numerous lifesaving blood transfusions. “I remember that the nurse told me that I received about 13 pints of blood during just my first surgery,” Rito recalls.

It took Rito a full year to recover. Even though his scars are long healed, he still remembers so much about the night that changed his life. And because he remembers, he now donates his blood and his time to help patients who need it and to inspire eligible blood donors to give the gift of life.